

*We promote
positive change
in your life.*

CASA DE MILAGROS OFFERS

- A supportive alcohol/drug-free environment
- Comfortable, semi-private rooms with attached baths
- Individual & group counseling
- Education Groups:
 - » Addiction Process
 - » Interpersonal Skills
 - » Nutrition
 - » Relapse Prevention
- Workshops:
 - » Anger Management
 - » Beyond Trauma
 - » Employment Readiness
 - » Family Wellness
 - » Living with Co-Occurring Disorders
 - » Parenting
- Optional Social Support Groups
 - » Alcoholics Anonymous (AA)
 - » Co-Dependents Anonymous (CoDA)
 - » Narcotics Anonymous (NA)
 - » SMART Recovery
- Recreational activities

MAAC RESIDENTIAL RECOVERY PROGRAM

Casa de Milagros, or 'House of Miracles,' is a residential recovery home, funded through Medi-Cal and operated by MAAC, for women seeking an alcohol and drug-free lifestyle.

Casa de Milagros provides a nurturing environment and promotes life recovery skills to help participants reunite with their families, build job skills, and gain employment. More than 1,800 women have walked through **Casa's** doors since 1987, not only transforming their own lives, but also their families and communities.



CASA DE MILAGROS

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Casa de Milagros

A RECOVERY HOME
FOR WOMEN



ABOUT CASA DE MILAGROS

Casa de Milagros is an 18-bed residential recovery home for women who are seeking a sober lifestyle. The program integrates gender and cultural influences into a blend of successful substance abuse treatment services.

Trauma impacts the lives of women addicted to substances. Our staff and peer support system responds to the realities of women's lives, addressing women's issues such as abuse, violence, family relationships, addiction/substance abuse, and co-occurring disorders. These interventions provide a strengths-based approach to treatment and skill building with an emphasis on self-efficacy.

The goal of the **Casa de Milagros** recovery program is to enable women to become responsible, sober/drug-free, and self-sufficient.

*At Casa, I learned
that change was possible
and gave recovery a chance.*

*My life is now one of joy,
purpose, and success.*

— Stephanie*

CASA DE MILAGROS ALUMNA

*Name changed to protect privacy

RECOVERY IN A RESIDENTIAL ENVIRONMENT

Length of Stay

The typical period of residence at **Casa de Milagros** is 3-4 months.

During this time in a sober/drug-free environment, residents are assisted to resolve personal and situational barriers in order to remain alcohol & drug-free. Staff and peer support are key to the success of participants.

Visitors

Visiting hours are 1-4 PM on Saturdays and Sundays. Children's weekends are the second and fourth weekends of every month.